

ABSTRAK**TINGKAT KEMATANGAN KARIER MAHASISWA
(Studi Deskriptif Pada Mahasiswa Semester VII Program Studi Bimbingan
Dan Konseling Universitas Sanata Dharma
Angkatan 2014)**

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Penelitian ini adalah penelitian deskriptif kuantitatif yang bertujuan mendeskripsikan tingkat kematangan karier mahasiswa semester program Studi Bimbingan dan Konseling Universitas Sanata Dharma angkatan 2014, dan untuk merumuskan usulan topik-topik bimbingan dalam rangka meningkatkan kematangan karier mahasiswa semester VII Program Studi Bimbingan Dan Konseling Universitas Sanata Dharma angkatan 2014 berdasarkan capaian skor item angket/kuesioner tingkat kematangan karier mahasiswa yang teridentifikasi sedang.

Subjek penelitian adalah mahasiswa semester VII program studi bimbingan dan konseling Universitas Sanata Dharma angkatan 2014 berjumlah 61 mahasiswa. Instrumen penelitian yang digunakan adalah Angket Kematangan Karier Mahasiswa yang dikonstruksi dari tujuh aspek kematangan karier yaitu: perencanaan karier, eksplorasi karier, pengetahuan tentang membuat keputusan karier, pengetahuan tentang dunia kerja, pengetahuan tentang kelompok kerja yang lebih disukai, realisasi keputusan karier, dan orientasi karier. Angket kematangan karier mahasiswa memuat 63 item dengan 4 alternatif jawaban yaitu: sangat sesuai, sesuai, kurang sesuai, dan tidak sesuai. Reliabilitas instrumen dihitung menggunakan pendekatan koefisien *Alpha Cronbach* dengan nilai koefisien reliabilitas sebesar 0,941. Data dianalisis secara deskriptif dengan tiga kategori yaitu tinggi, sedang dan rendah

Hasil penelitian menggambarkan bahwa mahasiswa semester VII Program Studi Bimbingan dan Konseling Universitas Sanata Dharma angkatan 2014 memiliki tingkat kematangan karier sebagai berikut: ada 42 responden (69%) memiliki tingkat kematangan kariernya tinggi, 19 responden (31%) memiliki tingkat kematangan karier sedang, dan 0 responden (0%) memiliki tingkat kematangan karier rendah. Dapat disimpulkan bahwa tingkat kematangan karier mahasiswa semester VII Program Studi Bimbingan dan Konseling Universitas Sanata Dharma angkatan 2014 termasuk tinggi. Dari hasil penghitungan skor item, terdapat 50 item (69,44%) yang capaian skornya tinggi, 13 item (18,06%) yang skornya sedang, dan 0 item (0%) yang skornya rendah. Disusunlah topik-topik bimbingan kematangan karier (terlampir) berdasarkan butir-butir item angket yang skornya sedang untuk meningkatkan kematangan karier mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma .

Kata Kunci : kematangan karier, mahasiswa dewasa awal

ABSTRACT

THE STUDENTS' CAREER MATURITY LEVEL
*(Descriptive Study on Semester VII Students of Guidance and Counseling Study
Program of Sanata Dharma University;
Class 2014)*

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The study was a quantitative descriptive study which aims to describe the career maturity level of students of the 2014 Guidance and Counseling Study Program Class of Sanata Dharma University, and to formulate recommendations for guidance topics in order to improve career maturity of semester VII students of Sanata Dharma University Guidance and Counseling Study Program-class 2014 that based on the result level of questionnaire item scores, the career maturity level of students was being identified as moderate.

The research subjects were semester VII students of class 2014 of guidance and counseling study program at Sanata Dharma University, with total subject was 61 students. The research instrument used was the Student Career Maturity Questionnaire constructed from seven aspects of career maturity, namely: career planning, career exploration, knowledge on career decisions, knowledge about work world, preferred work group knowledge, realization of career decisions, and career orientation. Questionnaire for student career maturity contains 63 items with 4 alternative answers, namely: very appropriate, appropriate, less appropriate, and inappropriate. Instrument reliability was calculated using the Cronbach Alpha coefficient approach with a reliability coefficient of 0.941. Data were analyzed descriptively with three categories namely high, medium and low

The results of the study illustrate that the semester VII students of the 2014 Guidance and Counseling Study Program class of Sanata Dharma University have career maturity levels as follows: there were 42 respondents (69%) had a high career maturity level, 19 respondents (31%) had moderate career maturity levels, and 0 respondents (0%) have a low career maturity level. It can be concluded that the level of career maturity of semester VII students of the Guidance and Counseling Study Program class 2014 of Sanata Dharma University is high. From the results of the item score calculation, there were 50 items (79,37%) with high scores, 13 items (20,63%) with moderate scores, and 0 items (0%) with low scores. The topics of career maturity were arranged (attached) based on the items in the questionnaire items which were being scored moderate to improve the career maturity of the students of the Guidance and Counseling Study Program at Sanata Dharma University.

Keywords: *career maturity, early adult students*

